Cutaneous Lymphomas

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Paris 1806: the beginning...





Alibert JLM. Déscriptions des maladies de peau observes à l'Hospital St. Louis, et exposition des meilleurs methodes suivies pour leur traitment. L'Aine Fils, Paris 1806:157–158.

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Treatment Regimens in CTCL 2019

	Preferred regimens ⁹ (alphabetical order)	Other recommended regimens	Useful under certain circumstances	
SYST-CAT A	Bentuximab vedotin ^{h,i,j} Bexarotene [†] Extracorporeal photopheresis (ECP) ^k Interferons (IFN-alpha, IFN-gamma) Methotrexate (550 mg q week) Mogamulizumab [†] Romidepsin [†] Vorinostat [†]	Acitretinf All-trans retinoic acidf Isotretinoin [13-cis-retinoic acid]		
SYST-CAT B	Brentuximab vedotin ^{h,i,j} Gemcitabine Liposomal doxorubicin Pralatrexate (low-dose or standard dose)		Relapsed/refractory disease requiring systemic therapy; alphabetical order by category) Alemtuzumabin Chorambucil Cyclophosphamide Etoposide Pentostatin Temozolomide for CNS involvement Bortezomib (category 2B) Pembrolizumab (category 2B) See TCEL-8 2 of 5 for regimens listed for PTCL-NOS ^m	
Large-Cell Transformation (LCT)	Brentuximab vedotin ^{h,i,j} Gemcitabine Liposomal doxorubicin Pralatrexate (low-dose or standard dose) Romidepsin See TCEL-8 2 of 5 for regimens listed for PTCL-NOS ^m			

Mycosis fungoides – can progress

Patch stage



Plaque stage



Tumor stage



Staging of cutaneous T-cell lymphomas - T category-

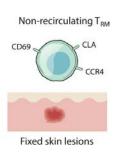
Table 1. Modified ISCL/EORTC Revisions to the TNMB Classification of MF/SS¹

OI IVIF/SS					
TNMB Stages	Description of TNMB				
Skin*					
T ₁	Limited patches, papules, and/or plaques covering < 10% of the skin surface; may further stratify into T _{1a} (patch only) v T _{1b} (plaque ± patch)				
T ₂	Patches, papules, or plaques covering ≥ 10% of the skin surface; may further stratify into T _{2a} (patch only) <i>v</i> T _{2b} (plaque ± patch)				
Тз	One or more tumors (≥ 1 cm diameter)				
T ₄	Confluence of erythema covering ≥ 80% body surface				

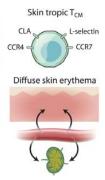
Olsen E et al. Blood 2007; Olsen E at al. J Clin Oncol 2011

Skin-resident memory and central memory T-cells give rise to distinct forms of lymphoma

A Mycosis fungoides







Clark RA. Sci Transl Med. 2015

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CD30⁺ Lymphoproliferative Disorders (CD30⁺ LPD)

- Second most common group of CTCL after MF/SS
- 25% of CTCL
- Spectrum of diseases including:
 - -- Lymphomatoid papulosis (LyP)
 - -- Primary cutaneous anaplastic large cell lymphoma (ALCL)
 - -- "borderline cases"

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Kempf W et al. Blood 2011

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Lymphomatoid papulosis (LyP)

- Chronic, recurrent, self-healing papulonecrotic skin eruption (=multiple lesions)
- Typical: spontaneous regression after weeks-months
- Persists/recurrent disease for years or decades
- No effect on mortality
- Up to 25% risk to develop "second" lymphoma (Hodgkin lymphoma, mycosis fungoides, cutaneous or nodal anaplastic large cell lymphoma)
- Histological subtypes, A-F (G), with the same benign clinical course despite sometimes "aggressive" histology/cytology

LYP type	Histological pattern	Phenotype	Major differential diagnoses
A	Mixed cellular	Mostly CD4+	Hodgkin's lymphoma, transformed mycosis fungoides
В	Epidermotropic	CD4+	Mycosis fungoides
		Note: CD30 can be negative	
с	Cohesive infiltrate	CD4+ > CD8+	Anaplastic large cell lymphoma, HTLV1- associated lymphoma
D	Epidermotropism (pagetoid pattern)	CD8+ (100 %)	Aggressive epidermotropic CD8(+) cytotoxic T-cell lymphoma
		Note: CD30+ (in 90 % cases)	
E	Angiocentric and angiodestructive	CD8+ (70 %)	NK/T-cell and gamma/delta lymphoma
FolliculotropicGranulomatou	s described in the literature: growth pattern s and syringotropic/eccrinotropic g growth pattern	rowth pattern	

Cutaneous anaplastic large cell lymphoma (ALCL)

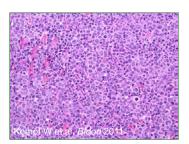






- Solitary or grouped, rapidly growing nodules or tumors
- · Often multifocal
- Overall favorable prognosis with 5-year survival rates of 76-96%
- pcALCL arising on legs has worse prognosis (76%)

Cutaneous anaplastic large cell lymphoma (ALCL)



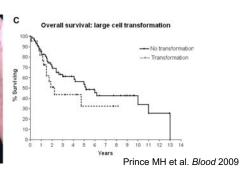
- Histology: nodular, cohesive infiltrates (sheets) of large pleomorphic, anaplastic tumor cells
- > 75% of tumor cells CD30+
- Primary cutaneous ALCL usually negative for ALK and t(2;5)
- Systemic ALCL → ALK⁺ > ALK⁻

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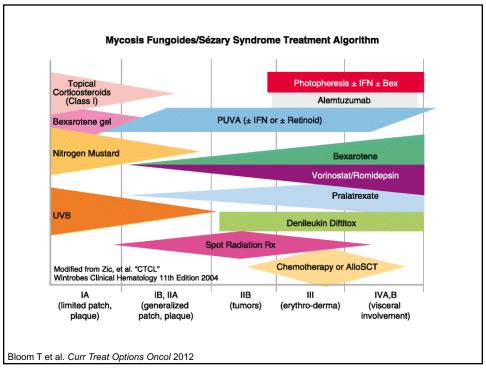
Large Cell Transformation (LCT)







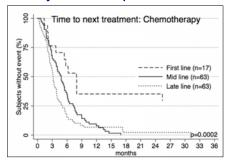
- Progression from low-grade to high-grade lymphoma
- · LCT after 12.8 yrs of MF
- Clinical: rapid development of tumors (T3)
- Histology: at least 25% of large cells (arbitrary!!!)
- **NEW DATA:** subgroup of LCT patients with more indolent clinical course
- CD30⁺ associated with longer survival than CD30⁻



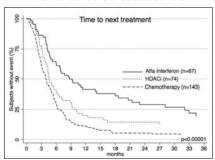
Treatment Regimens in CTCL SYSTEMIC THERAPIES Preferred regimens⁹ (alphabetical order) Brantuximab vedotin^{h,i,j} - Beartonen⁹ - Extracorporeal photopheresis (ECP)^k - Interferons (IFN-alpha, IFN-qamma) - Methotrexate (550 mg q week) - Nogamulizumab¹ - Vorinostat¹ SYST-CAT B Brantuximab vedotin^{h,i,j} - Genecitabine - Liposomal doxorubicin - Pralatrexate (low-dose or standard dose) Large-Cell Transformation (LCT) Large-Cell Transformation (LCT) - Bentuximab vedotin^{h,i,j} - Genecitabine - Liposomal doxorubicin - Pralatrexate (low-dose or standard dose) - Procession or standard dose) - Realipsed/refractory disease requiring systemic therapy; alphabetical order by category) - Alteruturumab^{1,n} - Chlorambucil - Chorophosphamide - Etoposide - Pentostatin - Realipsed/refractory disease requiring systemic therapy; alphabetical order by category) - Alteruturumab^{1,n} - Chlorambucil - Chorophosphamide - Etoposide - Pentostatin - Temozooimolia for CNS involvement - Temozooimolia

Limited durability of disease control with chemotherapy

Efficacy decreases in pretreated disease



Lack of durable disease control



Hughes CFM et al. Blood 2015

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Limited durability of disease control with chemotherapy

Table 1. Major clinical studies of systemic chemotherapy in MF/SS

Therapy	Study type	Efficacy	Durability
EPOCH	NR ¹⁴	ORR stage IIB-IV: 80%	PFS: 8 mo
CHOP-based	NR ¹⁵	ORR stage IIB: 66%	
Fludarabine plus α-interferon	NR ¹⁶	ORR stage IIA-IVA: 58%	PFS: 5.9 mo
		ORR stage IVB: 40%	
Fludarabine plus cyclophosphamide	NR ¹⁷	ORR stage IIB-III: 55%	DOR: 10 mo
Gemcitabine	NR ¹⁸	CR: 22%	Duration of CR: 10 mo
	NR ¹⁹	CR: 11.5%	Duration of CR: 15 mo
	NR ²⁰	ORR: 51%	DFI: 15-120 mo
Pegylated liposomal doxorubicin	RA ²¹	ORR stage IA-IV: 88%	DFS: 13.3 mo
	NR ²⁵	ORR: 41%	DOR: 6 mo
Low-dose methotrexate	RA ²²	ORR T2 disease: 33%	TTF: 15 mo
	RA ²³	ORR T4 disease: 58%	TTF: 31 mo
Pralatrexate	NR ²⁴	ORR transformed disease: 25%	PFS: 1.7 mo

CHOP, cydophosphamide, doxorubicin, vincristine, and prednisolone; CR, complete response; DFI, disease-free interval; DFS, disease-free survival; EPOCH, etoposide, vincristine, doxorubicin, cyclophosphamide, and prednisolone; NR, nonrandomized; RA, retrospective analysis; TTF, time-to-treatment failure.

Hughes CFM et al. Blood 2015

METHOTREXATE

- · Low dose weekly
- Generally well tolerated and convenient (oral weekly)
- Dose- response effect is common and usually start at 20-30 mg/wk (up to 60-70 mg/ wk)
- · Some responses can be very durable
- Most common side effects are cytopenias and long-term risk of liver disease
- Very effective in patients with coexistent lymphomatoid papulosis (LyP)
- Can be used in conjunction with other therapies such as steroids, ECP, PUVA, IFN-a

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SYSTEMIC BEXAROTENE

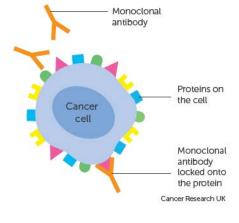
- FDA approval for refractory cutaneous T-cell lymphoma
- Third generation retinoid with antineoplastic (anti-cancer) effects
- often used in combination with other treatments (e.g. ECP, IFN, phototherapy)
- Elevated triglycerides, depressed thyroid function, decreased blood counts (platelets!)
- Usually requires treatment for hypertriglyceridemia, hypothyroidism
- · Administration orally using low-dose regimen in the US

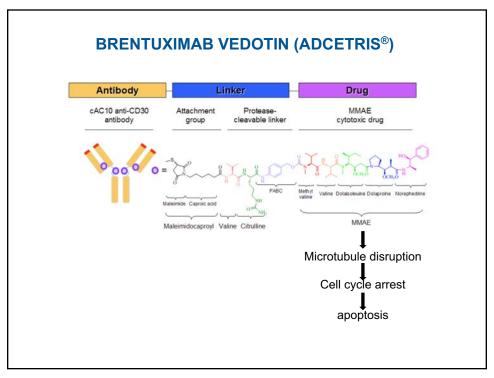
INTERFERON

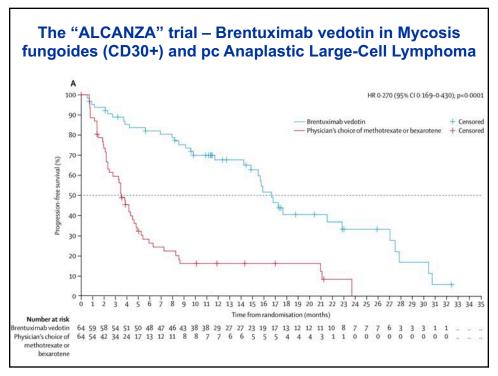
- Major difficulty is tolerance and compliance
- Somewhat inconvenient (daily sc injection)
- Most common side effect is fatigue, anorexia, and mood changes particularly in older patients
- Monitoring for cytopenias and thyroid disturbance is recommended
- Requires moderately high doses aiming for 3-5+ MU 3x/wk
- Monitor FBC and thyroid function
- IFN-a can also be combined with ECP, PUVA, bexarotene

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Monoclonal antibodies TARGETED SYSTEMIC THERAPIES







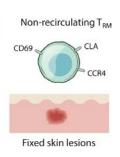
BRENTUXIMAB VEDOTIN (SGN35)

- FDA approval for Hodgkin's lymphoma, ALCL and CTCL (Nov 2017)
- CTCL: primary cutaneous anaplastic large cell lymphoma (pcALCL) and CD30-expressing mycosis fungoides (≥10% of infiltrate by central review)
- Responses lasting at least 4 months in 60.9% of patients versus 7.8% in patients receiving physician's choice of standard therapies (ALCANZA trial)
- Peripheral neuropathy: 67% (vs. 6% in control arm)
- Administration by infusions at infusion center (day 1 of 21-day cycle, up to 16 cycles)

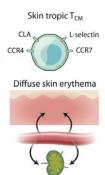
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Circulating and skin-resident T-cells give rise to distinct forms of lymphoma

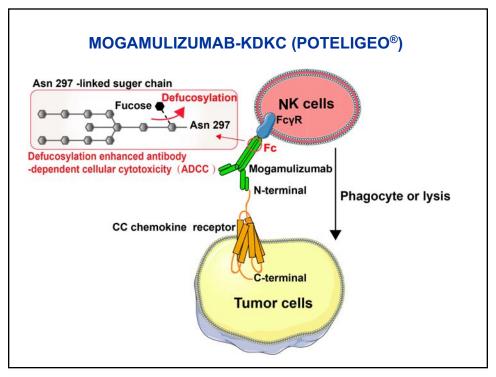
A Mycosis fungoides

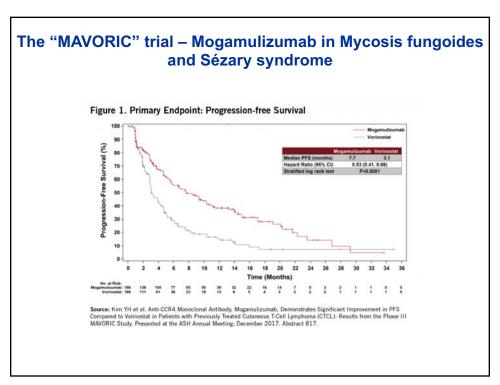






Clark RA. Sci Transl Med. 2015



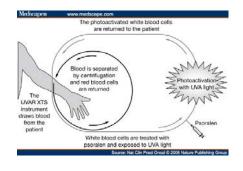


MOGAMULIZUMAB-KPKC

- FDA approval for Mycosis fungoides and Sézary syndrome (Aug 2018)
- Median PFS 7.7 months versus 3.1 months in patients receiving vorinostat (MAVORIC trial)
- Infusion reaction
- Rash
- Administration by infusions at infusion center (days 1, 15 of 28day cycle, start days 1, 8, 15, 22 of 28-day cycle)

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Extracorporeal Photopheresis (ECP)





- FDA-approved for CTCL in 1988
- Sézary syndrome, erythrodermic CTCL
- 2 consecutive days every 2-4 weeks

Side effects

- Dizziness, hypotension
- Headache
- · Fever, chills, nausea

Stem Cell Transplantation

Basic concept

 Complete elimination of disease with aggressive treatment and subsequent transplantation of healthy immune system from patient (autologous) or matched donor (allogeneic)

Steps

- "Conditioning treatment" with destruction of ideally all lymphoma cells
- "Transplantation" of donor stem cells giving rise to a healthy immune system

Problems

- Toxicity, infections related to conditioning
- · "Graft-versus-host disease"
- Recurrent disease (autologous > allogeneic)

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Clinical trials: new and better treatment options?

Concept

- · New treatments are tested in controlled environment
- Every single step is highly regulated and overseen by the institutional review boards (IRB)

Pros

- Possible effective therapy after several treatment failures
- Results may help to find new treatments for many patients to follow

Cons

- · Varying levels of side effects
- · Varying levels of research testing

